



March 6, 2016
4th Sunday of the Great Fast
St. John Climacus
Epistle: Hebrews 6:13-20
Gospel: Mark 9:17-31

Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix
Our Lady of Perpetual Help Byzantine Catholic Church
Bishop: His Grace Gerald N. Dino

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1837 Alvarado Drive NE
Albuquerque, New Mexico 87110
Parish Office: (505) 256-1539 Fax: (505) 256-1278 www.olphnm.org

SCHEDULE:

Sunday:

Rosary 8:30 am
Festal Matins 9:00 am
Divine Liturgy 10:00 am
Great Vespers 4:00 pm

Monday, 12 noon 6th Houe
Tuesday, 12 noon 6th Hour
Wednesday, Presanctified Liturgy 6:00 pm
OLPH Devotions, 5:30 pm
Friday, Presanctified Liturgy 6:00 pm

Saturday: Great Vespers 4:00 pm
Divine Liturgy 5:00 pm

OFFICE HOURS:

Monday - Friday: 10:00 am – 4:00 pm
Thursday OFF

Parish Advisory Board Members:

Dorothy Curl, Dave Dark, Lubomyra Kmetyk,
Brian Fitzpatrick, Harry DeLap, Dan Riley

Parish Finance Council Members:

Matthew Blain & Eva Schuler

Confession Schedule (Mystery of Reconciliation):

9:15-10:00 am on Sundays, before or after weekday Liturgies,
or by appointment with Father

Mysteries of Baptism/Chrismation/Eucharist:

Must be arranged three months in advance.
(Pre-Jordan requirement)

Mystery of Crowning:

Must be arranged six months in advance
(Pre-Cana requirement)

Sick and Shut-Ins: It is the family's responsibility to notify the parish office when a parishioner is in the hospital or confined to home because of sickness or old age. Father will bring the confined person the Holy Mysteries on a regular basis. It is recommended that one receive the Anointing of the Sick before any major surgery. Please don't let the priest be last to know that someone is ill!

Eastern Christian Formation Program:

All grades meet every Sunday after Liturgy for 45 min

Welcome to our Church! If you are looking for a spiritual home,
contact Father Artur or the office staff for more information. God bless you.

Today	8:30 am	Rosary
	9:00 am	Festal Matins
<i>Canned goods collection for Friars</i>	9:15 am	Confessions
	10:00 am	Divine Liturgy for Parish Family & Friends
		Veneration of the Holy Cross
		Fr. Chris: Intention of M/M Lorcan MacMurchadha
		ECF classes after Liturgy
	4:00 pm	Great Vespers
Monday	Basil & Others Bishop-Martyrs of Cherson	
March 7	Readings: Genesis 13:12-18; Proverbs 14:27-15	
	12 noon	6 th Hour
	7:00 pm	Knights of Columbus meeting
Tuesday	Theophylact Bishop-Confessor	
March 8	Readings: Genesis 15:1-15; Proverbs 15:7-19	
	12 noon	6 th Hour
	6:15 pm	CAFÉ Meeting at UNM
Wednesday	40 Martyrs of Sebaste	
March 9	Readings: Genesis 17:1-9; Proverbs 15:20-16	
<*{}><	5:30 pm	OLPH Devotions
	6:00 pm	Presanctified Liturgy
Thursday	Great Canon of St. Andrew of Crete	
March 10	Readings: Genesis 18:20-33; Proverbs 16:17-33	
	7:00 pm	Matins of the Great Canon of St. Andrew of Crete with prostrations
Friday	Sophronius Patriarch of Jerusalem	
March 11	Readings: Genesis 22:1-18; Proverbs 17:17-18:5	
<*{}><	6:00 pm	Presanctified Liturgy/followed by meatless potluck
Saturday	Akathostos Saturday	
March 12	Epistle: Hebrews 9:24-28; Gospel: Mark 8:27-31	
	9:00 am	Divine Liturgy; +Justice Antonin Scalia by Sven & Barbara Svensson
		Catechist certification workshop #3 after Liturgy
Sunday	5th Sunday of the Great Fast/Mary of Egypt Venerable	
March 13	Epistle: Hebrews 9:11-14; Gospel: Mark 10:32-45	
	4:00 pm	Great Vespers
	5:00 pm	Divine Liturgy; +Keenan Alan Wofford by Jilek Family
	8:30 am	Rosary
	9:00 am	Festal Matins
	9:30 am	Confessions
	10:00 am	Divine Liturgy for Parish Family & Friends
		Fr. Chris: +Roy and Mary Ann Smith
		ECF Classes after Liturgy
	4:00 pm	Great Vespers

***Physician and Help of those in sickness, Redeemer and Savior of the infirm;
O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those
who have sinned much, and deliver them, O Christ, from their
Iniquities, that they may glorify Your might divine!***

Fr. Julian Gnall	Paola Terlaza	William Frank
Fr. Anthony Romero	Henry Zuger	Joseph Koetter
Michele Koetter	John & Margie Disque	Mary Nell Preisler
Lillian Murphy	Phillip Fall	Jackie De Paolis
Marilyn Fore	Walter Jakymiw	Donny Terry
Demetrius Yackanich	Olga Bodnar	Mary Murphy
Sven & Barbara Svensson	Frances Brannan	Jack & Lorraine Hubbell
Abraham Haddad	John Deflice	Quintin Santamaria & Family
Jenny Ford	Kristoff Rajala	Heather Mattax
Robert Hasaka	Jordan Smith	Larry Bennett
Threima Leech	Maggie Batsel	Mary Ellis
Pricilla Hughes	Tony Lucero	Mike Harahuc
Sharif Rabadi	Charles Irving	Robert Zadel
Stephen Horner	Laura Dominguez	Nathan Barkocy
Fr. Michael Mondik	Josep Mahboub	

Prayers in honor of and to the Blessed Virgin are a powerful weapon against sin, and for healing. Sorrowful Mysteries are recited from the beginning of Great Lent until Easter Sunday.

If you recite the Rosary at home, please offer these intentions, and join us on Sunday at 8:30 am. Those who recite the Akathist to the Mother of God or the Rosary receive a partial indulgence when they do so in private, plenary indulgence when they do so as a group



Vocation Icon
Today: Brewer
Next Sunday: Riley

Intentions of the Rosary

- 1st Decade:** Help for persecuted Catholics, especially in communist countries
- 2nd Decade:** Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3rd Decade:** Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4th Decade:** Repose of the souls who have no one praying for them
- 5th Decade:** Healing of the sick in body, mind and soul

Holy Father's Intentions for March

Universal: That those involved in scientific research may serve the well-being of the whole human person.

Evangelization: That the unique contribution of women to the life of the Church may be recognized always.



Attention!!!

Daylight saving time begins next Sunday, March 13th. Do not forget to move your clocks ahead one hour.

All families or members of our Parish family are invited to join the Perpetual Helpers Mothers' Group for a light brunch potluck & Lenten Service Project on Saturday, March 19 after 9 am Lazarus Saturday Divine Liturgy (10:45 or 11am until 1pm).

We will make "Blessing Bags" to hand out to the homeless as you encounter them, for example, to people with signs asking for help on street corners or otherwise. Bags will be assembled together in the hall & distributed to those participating to keep in the car & give to whomever needs it.

When you know if you will come, please sign up on list in hall on bulletin board for supplies, including consumable items such as non-parishable foods, gift certificates, bus passes, gallon sized ziplock bags to stuff etc. If anyone is able to donate gift certificates to nearby grocery stores and bus passes, those would be especially appreciated!

Anyone interested in joining the Mothers Group planning committee to help plan events like this, or with questions about this event, please contact Nicole Dotson-Sands, Natalie Moctezuma, or Alicia Wells.

DATE	READER	TROJCA	GREETER	HOST	COUNTER
March 13	Christy MacMurchadha	Sarah Brewer	Samia Rabadi	Curl & Plut	Open

Barbara's Hall Report:

Although I was sick on Sunday, I heard through the grapevine that Nahrein Youssef made another one of her Middle Eastern Feasts. Say no more! Everything was so delicious, is what I heard! She even cleaned the stoves inside and outside, back and front. Wow!

Thanks for all your hard work!

Coming Events—Mark Your Calendars Now!

March 8, 22, 29	6:15 pm CAFÉ meeting at UNM
Thursday, March 10	7:00 pm Matins with Great Canon of St. Andrew with prostrations
Saturday, March 12	9:00 am Akathist Saturday Divine Liturgy
Wednesday, March 16	6:00 pm Presanctified Liturgy followed by all night vigil for Parish & CAFE
Saturday, March 19	9:00 am Lazarus Saturday Divine Liturgy
Holy Monday, March 21	6:00 pm Presanctified Liturgy
Holy Tuesday, March 22	6:00 pm Presanctified Liturgy
Holy Wednesday, March 23	7:00 pm Presanctified Liturgy/Anointing
Holy Thursday, March 24	7:00 pm Vesper Divine Liturgy
Good Friday, March 25	10:00 am Passion Matins 7:00 pm Vespers with Burial Procession 11:30 pm Jerusalem Matins
Holy Saturday, March 26	6:00 pm Vesper Divine Liturgy
Resurrection, March 27	9:00 am Resurrection Matins & Divine Liturgy; Blessing of Easter Baskets

Our Eparchial Vocations Office, Fr. Michael O'Loughlin and Fr. Michael Mandelas, are pleased to announce "Alive in Christ – 2016."

What could be better than a long weekend of prayer, sports, spiritual talks, games and skits in the beautiful Camp Brotherhood in Mount Vernon, Washington. The "Alive in Christ ascetical boot camp for Byzantine Catholic boys and their fathers will be held this year July 14th to 17th, at "Treacy Levine Center" North of Seattle, WA. **This camp originates from our parish!**

Boys and young men 7-17 will join Bishop Gerald in this decade long tradition, and return enlivened and enlightened. Attendance of fathers or male guardians of participating boys is most encouraged and is required for any son from 7 to 10 years old.

Information flyer about the Camp is available on the greeting table at the Holy Water font.

Application deadline is May 11th.

For registration forms and more information, please see Fr. Artur.

A big THANK YOU to Nahrein Youssef and Rafael Plut for volunteering to clean the stoves. Both ovens had half an inch of baked-on food which required a lot of elbow grease! They are so clean they now look brand new. Nahrein and Rafael also volunteered to maintain them on an ongoing basis. Please do your part by wiping up any spills. The fire alarm went off last Sunday due to plastic wrap stuck on top one of the burners which had been left by someone earlier in the week.

Also THANK YOU to Rafael Plut for providing new replacement metal plates to go under the electric burners and foil ones which are disposable AND for 2 tall gray trash cans to replace the several shorter ones that were quite dirty under the kitchen counter. The Blessing of the Lord be upon the beautifiers of our Church!!!!

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Watch and pray that you may not enter into temptation.
The spirit indeed is willing, but the flesh is weak (Mt. 26:41)

All-Night Vigil of Great Lent



Wednesday-Thursday, March 16-17
Our Lady of Perpetual Help Byzantine Catholic Church
1837 Alvarado Drive NE phone 256-1539
www.olphnm.org

Wednesday, March 16

6.00 pm Divine Liturgy of the Presanctified Gifts

8.00 pm Chanting of Psalter with Penitential Troparia and prostrations.

Thursday, March 17

2.00 am Moleben to the Life-giving and Precious Cross with meditation.

3.00 am Chanting of Psalter with Penitential Troparia and prostrations.

8.00 am Lenten Paraklesis to the Most Holy Theotokos

Coffee and energy bars will be provided in the

Fourth Sunday of Great Lent: The Sunday of Saint John Climacus

John came to Saint Catherine's Monastery, at the foot of Mount Sinai when he was about 16 years old. He was taught about the spiritual life by the elder monk Martyrius. After the death of Martyrius, John, wishing to practice greater asceticism, withdrew to a hermitage further up the mountain. In this isolation he lived for some twenty years, **constantly studying the lives of the saints and thus becoming one of the most learned Church Fathers.**

When he was about seventy-five years of age, the monks of Sinai persuaded him to become their hegumen (superior or abbot). He acquitted himself of his functions as abbot with the greatest wisdom, and his reputation spread so far that, according to the *Life*, **Pope St. Gregory the Great wrote** to recommend himself to his prayers, and sent him a sum of money for the hospital of Sinai, in which pilgrims from all over the Christian world would lodge.

Of John's literary output we know only the ***Ladder of Divine Ascent***, composed at the request of John, Abbot of Raithu, a monastery situated on the shores of the Red Sea, and a shorter work *To the Pastor* (Latin: *Liber ad Pastorem*), most likely a sort of appendix to the *Ladder*.

The *Ladder* describes how to raise one's soul and body to God through the acquisition of ascetic virtues. Climacus uses the analogy of Jacob's Ladder as the framework for his spiritual teaching. Each chapter is referred to as a "step", and deals with a separate spiritual subject. There are thirty Steps of the ladder, which correspond to the age of Jesus at his baptism and the beginning of his earthly ministry.

Within the general framework of a 'ladder', Climacus' book falls into three sections. The first seven Steps concern **general virtues** necessary for the ascetic life, while the **next nineteen** (Steps 8-26) give instruction on overcoming vices and building their corresponding virtues. **The final four Steps** concern the higher virtues toward which the ascetic life aims. **The final rung of the ladder**—beyond prayer (προσευχή), stillness (ἡσυχία), and even dispassion (ἀπαθεία)—**is love** (ἀγάπη).

Originally written simply for the monks of a neighboring monastery, the *Ladder* swiftly became one of the most widely read and much-beloved books of Byzantine spirituality. This book is one of the most widely-read among Eastern Christians, especially during the season of Great Lent. It is often read in the trapeza (refectory) in monasteries during meals, and in some places it is read in church as part of the Daily Office on Lenten weekdays, being prescribed in the Triodion.



The floral decorations were made by the florists at Albertson's on Juan Tabo NE. Our thanks to them for the dozen roses they donated in honor of the Holy Cross last Sunday, in addition to the beautiful layout of red carnations around the Cross. May the Lord bless the beautifiers of our church!

Flowerbed Project

Help is needed next Saturday, March 12, after Liturgy to finish up prepping the flower beds and to try and get some of our flowers planted. Pansies, daffodils and tulips have already been purchased.

We are running out of time to get the flowerbeds in front of the church door prepared and planted for Pascha--please help if you can!