

September 5, 2021, Tone 6
15th Sunday After Pentecost

Christ is Among Us! He is and Always Shall Be!



HYMN OF PRAISE to the Nativity of the Most-holy Mother of God

O greatly desired and long awaited one,
O Virgin, you have been obtained from the Lord with tears!
A bodily temple of the Most-holy Spirit shall you become,
And shall be called Mother of the Eternal Word.

The Burning Bush they called you,
For you will receive within yourself the divine fire:
Ablaze with fire but not consumed,
You shall bear the Golden Fruit and offer it to the world.

You shall be the Bearer of Him Who bears the heavens,
To Whom all of heaven offers up praise!
The Miracle of miracles shall come to pass within you,
For you shall bear heaven, you who are "more spacious than the heavens!"

You are more precious to us, O Virgin, than precious stones,
The King of Heaven shall desire to enter the world,
And shall pass through you, O Beautiful Gate! (Prologue of Orchid)

**Holy Protection of Mary Byzantine Catholic Eparchy of Phoenix
Most Reverend Thomas J Olmsted Apostolic Administrator**

**Our Lady of Perpetual Help Byzantine Catholic Church
1837 Alvarado Dr. NE, Albuquerque, NM 87110 Parish office: (505) 256-1539**

**Father Artur Bubnevych, Pastor
Rectory (505) 268-2877
abbaolph@gmail.com**

**Father Christopher Zegger
pastor emeritus
(505) 256-1787
Frchris.zegger@gmail.com
www.frchriszegger.com**

**Father Tyler Strand
(516) 661-0883
tylerastrand@yahoo.co.uk**

OFFICE HOURS:

Monday—Friday 10:00 am—4:00 pm
Thursday OFF

THEOSIS: 2nd & 4th Thursday
Bible Study 6:45 pm / Zoom

Advisory Board

Fr. Chris Zegger, Dan Riley, Rafael Plut,
Jeff Brewer, Michael Grega, Alicia Wells

Finance Council

Matthew Blain, Maria Alden

**Confession (Mystery of
Reconciliation):**

9:15—10:00 am on Sundays, before or
after weekday Liturgies, or by appoint-
ment with Father

**Mysteries of Baptism/Chrismation/
Eucharist:**

Must be arranged three months in ad-
vance.
(Pre-Jordan requirement)

Mystery of Crowning:

Must be arranged six months in ad-
vance
(Pre-Cana requirement)


Sick and Shut-Ins: It is the family's
responsibility to notify the parish office
when a parishioner is in the hospital or
confined to home because of sickness
or old age. Father will bring the con-
fined person the Holy Mysteries on a
regular basis. It is recommended that
one receive the Anointing of the Sick
before any major surgery. Please don't
let the priest be last to know that some-
one is ill!

May the Lord Bless your kindness and
generosity to His House!



Welcome to our Church! If you are looking for a spiritual home, contact Father Artur/Fr Chris or the office staff for more information. God bless you!

2 Corinthians 4:6-15; Matthew 22:35-46

- YouTube Live** 8:30 am Rosary; 9:00 am Matins, Confessions
10:00 am Divine Liturgy for Parish Family, Benefactors and Friends
Eternal Lamp: Healing for Maria Alden
- Sep 6 Mon** ***Labor Day / Miracle of the Archangel Michael / Gal 4:28-5:10; Mk 6:54-7:8***
9:00 am Divine Liturgy / +Joseph O'Sullivan by Svenssons
- Sep 7 Tue** ***Sozon Martyr / Gal 5:11-21; Mk 7:5-16***
9:00 am Divine Liturgy / +Consuelo Hernandez
- Sep 8 Wed** ***Feast of the Nativity of the Theotokos / Solemn Holy Day
Phil 2:5-11; Lk 10:38-42 & 11:27-28***
4:30—5:45 pm Philokalia Prayer and Discussion Group
5:30 pm OLPH Devotions
6:00 pm Divine Liturgy / Myrovanije / Pro-Life intention by Svenssons
Fr. Chris: +Father Bob Plush by M/M Sven Svensson
- Sep 9 Thu** ***Synaxis of Joachim and Anna / Eph 1:1-9; Mk 7:24-30***
THEOSIS: Book of Revelation (ZOOM)
- Sep 10 Fri** ***Menodora and Others Martyrs / Eph 1:7-17; Mk 8:1-10***
 9:00m am Prayer & witness in front of abortion clinic on San Mateo
6:00 pm Divine Liturgy / The Gift of the Holy Spirit and strengthening of Faith for our Bishops, Clergy and Religious by Svenssons
Fr. Chris: +Father Graham Golden by Pam Pettit
- Sep 11 Sat** ***Saturday Before the Exaltation of the Cross
Theodora Venerable 1 Cor 2:6-9; Mt 10:37-11:1***
10:00 am –4:00 pm Explorers Youth Meeting
- Sep 12 Sun** ***Sunday Before the Exaltation of the Cross / Gal 6:11-18; Jn 3:13-17***
4:00 pm Great Vespers (YouTube Live)
Hebrew Scriptures for Sunday: Numbers 20:1-13 & 21:4-9;
Wisdom 15:15-16:8; Zachary 12:8-14
5:00 pm Divine Liturgy / +Victims of September 11 by Svenssons
- Live streaming through YouTube** 8:30 am Rosary; 9:00 am Matins, Confessions
10:00 am Divine Liturgy for Parish Family, Benefactors and Friends
Eternal Lamp: Open

YOUTUBE LIVE-STREAMING: OLPH Sunday / Holy Day Liturgies are available on YouTube. The link is <https://youtube.com/c/olpimedia>. Please click the "Subscribe" button to make it easier for you to find the channel in the future. Please, send your feedback about the quality of the live stream / comments / suggestions to Dan Riley: riley.dan@gmail.com

Remember Those Who Request Our Prayers:

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify your might divine

Sharif Rabadi	Buster Miscusi	Paola Terlaza
Jenny Ford	Harry & Barbara	Ruth Sousa
Priscilla Hughes	De Lap	Linda Granci
Marilyn Fore	Irene Bradley	Vicki Frank
Sven & Barbara	Soriah Chavez	Christopher
Svensson		Barlow
Laurie Bienz	Abraham Haddad	Tracy McTernan
Brent Dodson-	Olga Bodnar	Scott Fafrak
Sands	Marianne Gerace	Jordan Smith
John & Maria	Lori Medina	Rebecca Baia
Alden	Michael Baron	Janet Worthington
Lara Davis	Gabriel Preisler	Patti Klinkovsky
Philip Leahy	Todd Bailey	Fr Chris Zuggger
Marcie Dark	Fr Tyler Strand	

Intentions of the Rosary:

1st Decade: Help for persecuted Catholics, especially in communist and Islamic states

2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church

3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church

4th Decade: Repose of the souls who have no one praying for them

5th Decade: Healing of the sick in body, mind and soul

Holy Father's Intentions for September An Environmentally Sustainable Lifestyle

We pray that we all will make courageous choices for a simple and environmentally sustainable lifestyle, rejoicing in our young people who are resolutely committed to this.



Vocation Icon

Today:

Brewer Family

Next Sunday: Herring Family

“Certainly, God did not send his Son into the world to judge world, but so that the world should be saved through him.” Christ is truly the salvation of the world. As Christians, we are little Christs. Each of us can bring salvation to the world by living the life of Christ. Is God calling you to show his salvation to the world by a life of prayer and repentance as a priest, deacon, monk or nun? Contact the Vocations Office at 206-329-9219 or email: vocations@ephx.org

September 12, 2021

Cantor: Andrea Riley

Reader: Michael Wells

Altar Server: Michael Grega

Trojca: Lucy Brewer &
Raven Grega

Counters: Rafael Plut, Ann Rajala

Propers for 9/12/2021

**Sunday before the Exaltation of the
Cross,**

**leave-taking of Feast of Nativity of
Theotokos**

Tone 7

Troparion (Tone 7)- 156

Troparion (Nativity) - 243

v. Glory...

Kontakion (Nativity) - 243

v. Now & Ever...

Theotokion - 406

Prokeimenon & Alleluia - 251

Instead of 'It is Truly Proper'- 245

Our Father - 72

Communion Hymn - 78 & 246 [A]

OLPH Prayer Warriors

Sunday (Zoom). Send your prayer requests to Patricia at pocb@unm.edu THE PRAYER WARRIORS IS OPEN TO EVERYONE--WOMEN, MEN, & CHILDREN (children who have their parents' permission)! Please join us!!

9/12 Soul

9/19 Voices

9/26 Samson & Delilah

10/3 Praise/Worship

10/10 Midnight

Barbara's Hall Report

Thanks to Tom & Cathy Sullivan for serving brunch for Cathy's birthday. They made delicious ham, cabbage & potato soup, along with homemade biscuits, and of course, a cake.

They also did all the cleaning up.

Thanks!

Coming Events—Mark Your Calendars Now

Mon Sept 13	Exaltation of the Holy Cross 6:00 pm Rite of Exaltation / Vigil Liturgy / Litija
Tues Sept 14	9:00 am—Divine Liturgy / Myrovanije
Fri Oct 1	Protection of the Theotokos Solemn Holy Day 6:00 pm Divine Liturgy
Sat Oct 2	9:00 am Animal Blessing in front of the outdoor shrine on the patio
Tue Oct 12 Wed Oct 13	Father Chris 40th Anniversary 6:00 pm Divine Liturgy 6:00 pm Dinner at the Sheraton Uptown
Oct 18-22	Clergy Retreat in Phoenix, AZ
Mon Nov. 8	Archangel Michael & All Angels Solemn Holy Day 6:00 pm Divine Liturgy
Mon Nov. 15	Start of Phillip's Fast

Sunday Confessions are being heard by Father Chris in the old sacristy room in the hall. You can line up in the church along the wall near the hall door. Confessions begin at 9 am during the Matins and continue as needed. You can also make appointments for confession or spiritual direction with him, Father Artur, or Father Tyler.

His Holiness Pope Francis has accepted the resignation of Bishop John Pazak because he is 75 years old. As a result, there are no commemorative prayers naming a bishop until a new one is appointed by Rome and enthroned in Phoenix. We ask that you pray that our Eparchy will have a good and holy leader and that we will not have to wait long.

ONLINE GIVING / ONLINE TITHING is available on our website:

For those parishioners who can't attend in person or traveling or anyone who find this more convenient, we just set up a new way to tithe online using your credit card or debit card information. You can do a one-time donation or setup weekly donations!! You will receive a receipt and statement immediately after donating. The software takes a very small percentage of the donation, but its worth it for the ease of the system. You can donate using your computer / smartphone at: <https://www.olphnm.org/giving> Thank you for your support!

Attention Members of the Parish Advisory Board We are meeting this Tuesday at 6pm.

CATECHETICAL SUNDAY 2021

This year, the Church will celebrate Catechetical Sunday on September 19th, under the theme of **“Christ, the Physician of our souls and bodies.”** On this day, catechists are formally commissioned for ministry to the community. Catechetical Sunday is a wonderful opportunity to reflect on the role that each baptized person plays in handing on the faith and being a witness to the Gospel. Catechetical Sunday is an opportunity for all to rededicate themselves to this mission as a community of faith. In two weeks we will have a special blessing of our children and their teachers during the 10 AM Divine Liturgy. We kindly ask that all students and faculty be present for this ceremony.

Why do we celebrate Catechetical Sunday? Pope Pius XI, in 1935, encouraged local churches to set aside a Sunday to celebrate, recognize and give vision to catechesis. "The faithful should be called together in the parish, and having received the Holy Eucharist, they should pray to obtain greater fruit from catechesis (divine teaching)." For the first few years after Catechetical Sunday was established, national catechetical congresses were held in conjunction with the celebration. Beginning in 1971, the USCCB's Department of Education began producing materials to help parishes celebrate the event at the local level. When the Committee on Catechesis, now named the Committee of Evangelization and Catechesis, was named by the Conference as a standing Committee, it continued to publish Catechetical Sunday materials each year. The United States Conference of Catholic Bishops has designated the third Sunday in September as Catechetical Sunday.

What Does the Word “Catechetical” Mean? The root word, "catechesis," is from a Greek word meaning "to echo, or resound." Catechesis is the act of resounding or bringing the Church's teachings to the world. A catechist is one who teaches in the name of the Church.

Why do we have a special day set aside to commission catechists?

Catechesis is a distinct and special ministry in the Church. As the Catechism of the Catholic Church makes clear, "Catechesis is intimately bound up with the whole of the Church's life . . . her inner growth and correspondence with God's plan depend essentially on catechesis" (no. 7). This ministry of teaching in the name of the Church has a profound dignity, which is why catechists are formally commissioned by the Church. It is only fitting that we set aside a day to highlight this ministry and invite the entire church community to think about our responsibility to share our faith with others. Those whom the community has designated to serve as catechists will be called forth to be commissioned for their ministry.

How are parents, the primary catechists of their children, recognized on Catechetical Sunday? Parents are truly the primary catechists of their children. They prepare the soil and plant the first seeds of faith. On Catechetical Sunday, we not only highlight the work of catechists in parishes and schools, but we also commend parents and guardians and encourage them to take seriously their role of making their Catholic households a place where faith is passed on to the next generation. This is why the rite of blessing of catechists used on Catechetical Sunday includes an optional blessing of parents and guardians.

Encountering the Living Christ: "No matter what angle you come at the study of the faith, you end up face to face with Christ. We end up face to face with Christ when we study Mary: 'Do whatever he tells you.' "We end up face to face with Christ when we study Paul: "It is no longer I who live, but Christ lives in me" (Gal 2:19).

Paul, who realized he did not have true sight until he "saw" the Lord Jesus Christ, left us with inspired words, words in which we are now wading: "The message of the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God" (1 Cor 18:1).

Birth of the Theotokos by Fr. Chris

We celebrate the birth of the Virgin Mary on September 8 as the first big festival of the Byzantine liturgical year, which began on September 1. All icons of this feast show the elderly but happy parents, SS. Joachim and Anne, and the birth is usually presented in a cozy family setting of women attendants bustling around Saint Anne. Saint Joachim is either peeking into the women's quarter, or next to his wife. The infant Virgin was born in a normal manner, as is shown by St Anne reclining on the birthing-bed, and the baby being washed by the midwife in the lower front of the icon. Bright colors are used because of the joy that all Creation feels in its coming deliverance from Christ Who will find life in her.

In the legends about this event, the parents are presented as elderly and childless, and an angel tells them separately that they will finally have a child, a girl who will be the mother of the Messiah. This follows along with other biblical stories about conceptions of children after long years of prayer, including Isaac, Samuel, and St John the Baptist. Saint Anne, however, is different from the other mothers, because her child will become the virginal dwelling place of God Incarnate!

The child is given the name Mary, or Miriam, which is translated as hope. Indeed, she is the hope of all the nations of the world who labored under the power of sin and its darkness. In Exodus, Miriam saved the life of her baby brother, Moses, who would lead his people out of Egypt and darkness and into the Promised Land of milk and honey. This Miriam will do far more – her Son will lead all people out of their spiritual darkness and into the true light.

There are three Old Testament readings prescribed for the Vespers the night before, as Mary Grace Ritchey writes in her *Meditation** on this feast:

The Genesis reading for the feast of the Nativity of the Theotokos focuses on the vision of Jacob, son of Isaac, son of Abraham. At Bethel he sees in a dream a ladder set up on earth and the top reaching into heaven with the angels of God ascending and descending on it. The title "Jacob's Ladder" is often applied to the Theotokos because she was the means by which God incarnate was made present to His people, living with and redeeming mankind and all things. In the Akathist to Mary we read "Hail O Celestial Ladder by whom God came down; hail O Bridge leading earthly ones to heaven!"

The reading from Ezekiel focuses on Mary as ever virgin, symbolized by the eastern door of the Temple: "This gate shall remain shut; it shall not be opened, and no one shall enter by it; for the Lord, the God of Israel, has entered by it: therefore, it shall remain shut." (44:2). The Akathist reads: "Hail, O Lady, unique gateway through whom the Lord alone has passed!"

Proverbs focuses on gaining wisdom by listening to instruction and pondering on it and then acting in righteousness, justice and equity. Gaining Christ is the focus, and not doing evil, for Christ is the Wisdom and Word of the Father."

As for the feast itself, it dates from at least 400 AD in Syria and is one of the oldest feasts of Our Lady.

Marian Customs

In much of Europe, this day is marked with thanksgiving celebrations as the harvest is brought in, cattle and sheep come down from their highland pastures, and people prepare for autumn. Both animals and people are decorated with wreaths of flowers in honor of Our Lady. Priests bless the returning livestock for a safe winter.

In rural Europe, priests bless both the incoming harvest, and the fall planting. You can sprinkle holy water on your own garden plot, asking Mary's intercession with God,

In Austria, people watch for the swallows to get ready to leave for the warm south on this day; they are said to return at the Annunciation (March 25).

Start researching and planning a Mary Garden that will bloom next year in honor of the Mother of God. You can also choose to plant just a few bulbs, or a small plot for seeding in the spring to honor her.

(*<http://www.melkite.org/Mediation4.html>)

Things to Do for September 8:

Recite the Akathist or the Paraklesis, which can be found in the *Publican's Prayer book* or online. If you have a devotion to the Holy Rosary, pray all of the Mysteries so as to be drawn into the lives of Jesus and Mary.

Remember: all the feasts of the Blessed Virgin always point to the mysteries of Christ and our salvation history. Nearly all Marian icons include Jesus, and the few that don't, such as the Humility, lead us to ponder her profound relationship with God.

Teens Can Ask A Priest Anything!!

How was God made?

God is not made. He is eternal, no beginning, no end. He exists perpetually, outside of time, which He created.

Have you ever made any mistakes as a priest?

Good heavens, yes! Priests are not perfect! Hopefully I learn from my mistakes and grow.

And no, I'm not going to tell you all of them :)