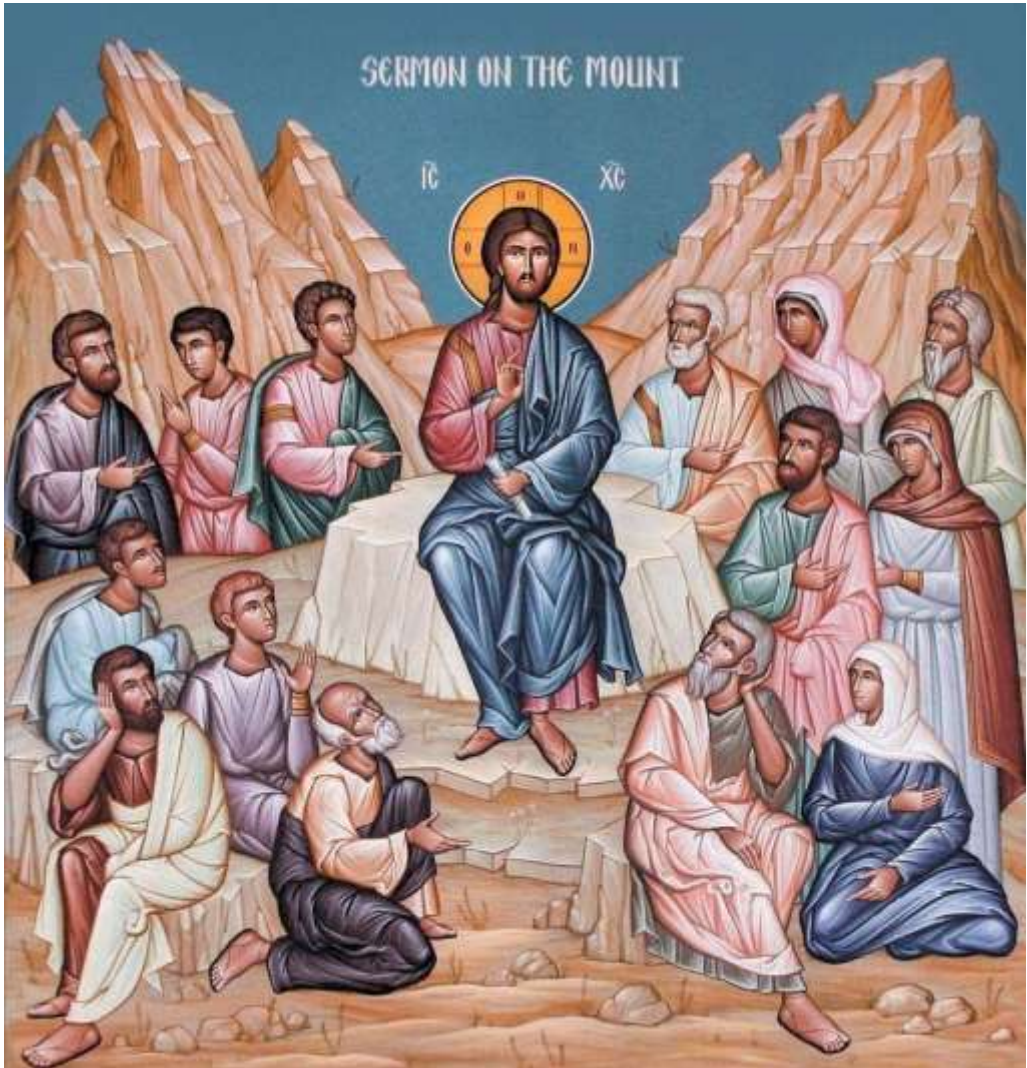


September 22, 2019, Tone 6
15th Sunday After Pentecost / 2 Corinthians 4:6-10; Luke 5:1-11

Christ is Among Us! He is and Always Shall Be!
¡Cristo está entre nosotros! ¡Está y estará!



Women's Spiritual Enrichment Weekend 2019
Theme: "The Beatitudes".

When: Friday-Saturday November 1-2. Where: at the
Norbertine Community Retreat Center in ABQ. For more info
and to register please see flyers on the greeting table or
talk to Carl i Bonham / Mary Bl ain



**Holy Protection of Mary Byzantine
Catholic Eparchy of Phoenix
Bishop: His Grace John Pzak C.Ss.R**

**Our Lady of Perpetual Help
Byzantine Catholic Church
1837 Alvarado Dr. NE, Albuquerque, NM 87110
Parish office: (505) 256-1539**



**Father Artur Bubnevych, Pastor
Rectory (505) 268-2877
abbaolph@gmail.com**

**Father Christopher Zugger
(pastor emeritus)
(505) 256-1787
Frchris.zugger@gmail.com
www.frchriszugger.com**

Advisory Board

Fr. Chris Zugger, Dan Riley, Rafael Plut,
Jeff Brewer, Michael Grega, Alicia Wells

Finance Council

Matthew Blain, Maria Alden

Confession (Mystery of Reconciliation):
9:15—10:00 am on Sundays, before or after
weekday Liturgies, or by appointment with
Father

**Mysteries of Baptism/Chrismation/
Eucharist:**

Must be arranged three months in advance.
(Pre-Jordan requirement)

Mystery of Crowning:

Must be arranged six months in advance
(Pre-Cana requirement)

Sick and Shut-Ins: It is the family's re-
sponsibility to notify the parish office when a
parishioner is in the hospital or confined to
home because of sickness or old age. Fa-
ther will bring the confined person the Holy
Mysteries on a regular basis. It is recom-
mended that one receive the Anointing of
the Sick before any major surgery. Please
don't let the priest be last to know that
someone is ill!

SCHEDULE

SUNDAY: Rosary 8:30 am
Festal Matins 9:00 am
Divine Liturgy 10:00 am
Daily Liturgy : Schedule of Services, page 3

Saturday: Great Vespers 4:00 pm
Divine Liturgy 5:00 pm

OFFICE HOURS:

Monday—Friday 10:00 am—4:00 pm
Thursday OFF


THEOSIS: 2nd & 4th Thursday
Pot Luck Dinner 6:00 pm
Bible Study 6:45 pm

Eastern Christian Formation Program: All grades
meet every Sunday after Liturgy for 45 minutes
(September through May)

Coming Events—Mark Your Calendars Now

Mon. Sept 30 Tue. Oct. 1	Holy Protection of the Theotokos Solemn Holy Day 6:00 pm Vigil Liturgy 9:00 am Divine Liturgy
Sat. Oct 5	9:00 am Annual Blessing of Animals 10am—12 noon Prospora baking workshop in the hall
Oct. 21- 25	Annual Clergy Retreat in Phoenix
Wed Oct 30th	Feast of the Blessed Theodore Romzha 6:00 pm Vigil Divine Liturgy
Nov. 1, 2	Women's Spiritual Enrichment Weekend
Fri. Nov. 8	Archangel Michael & All Angels Solemn Holy Day 6:00 pm Divine Liturgy

**Welcome to our Church! If you are looking for a spiritual home, contact Father Artur/
Fr Chris or the office staff for more information. God bless you!**

- Today** 8:30 am Rosary
9:00 am Confessions
10:00 am Divine Liturgy for Parish Family, Benefactors and Friends
Knights of Columbus Corporate Communion
ECF classes **Blessing of ECF teachers and students**
Fr. Chris: +Fr. Francis Vivona
Eternal Lamp: +Patricia Rajala by Ann Rajala
- Sept. 23 Mon.** ***Conception of John the Baptist / Galatians 4:22-31; Luke 1:5-25***
9:00 am God's Blessing on Kay Jilek by Jileks
6:00 pm Advisory Board Meeting
- Sept. 24 Tue.** ***Thecla Proto-Martyr / Galatians 5:11-21; Luke 5:12-16***
9:00 am +Mary Marlene Santo
6-7:30 pm St. John Bible Study for tweens meeting at Flying Star on Juan Tabo
6:30 pm CAFE meeting at UNM
- Sept. 25 Wed.** ***Euphrosyna Venerable / Galatians 6:2-10; Luke 5:33-39***
5:30 pm OLPH Devotions
6:00 pm God's Blessing on Natalie Sullivan by Jileks
Fr. Chris: Health of Alan Pettit
- Sept. 26 Thu.** ***The Passing of John Apostle—Evangelist
1 John 4:12-19; John 19:25-27 & 21:24-35***
6:00 pm Pot luck dinner
6:45 pm THEOSIS Bible Study
- Sept. 27 Fri.** ***Callistratus and Others Martyrs / Ephesians 1:7-17; Luke 6:17-23***
 9:00 am Prayer & witness in front of abortion clinic on San Mateo
6:00 pm God's Blessing on Shana Davis
- Sept. 28 Sat.** ***Chariton Venerable-Confessor / 2 Corinthians 4:6-15; Luke 6:17-23***
- Sept. 29 Sun.** ***16th Sunday After Pentecost / 1 Corinthians 6:1-10; Luke 6:31-36***
Tone 7 4:00 pm Great Vespers
5:00 pm +George Saade by Knights of Columbus
ECF classes 8:30 am Rosary
9:00 am Matins & Confessions
10:00 am Divine Liturgy for Parish Family, Benefactors and Friends
Fr. Chris: Health of Michael Dzek

Remember Those Who Request Our Prayers:

Physician and Help of Those in sickness, Redeemer and Savior of the infirm; O Master and Lord of all, grant healing to your servants. Be clement, show mercy to those who have sinned much, and deliver them, O Christ, from their Iniquities, that they may glorify Your might divine

Sharif Rabadi	Fr. Julian Gnall	Fr. Dennis Bogda
Abraham Haddad	John & Margie	Lorraine Hubbell
Jenny Ford	Disque	Heather Mattax
Priscilla Hughes	Phillip Fall	Larry Bennett
Steve Jakymiw	Laura Dominquez	Paola Terlaza
Marilyn Fore	Olga Bodnar	Ruth Sousa
Sven & Barbara	Frances Brannan	Linda Granci
Svensson	John Deflice	Kris Nelson
Laurie Bienz	Jordan Smith	Scott Fafrak
Brent Dodson-Sands	Rich & Jean Pesce	Dana Papaj
Marianne Gerace	Tracy McTernan	Vicki Frank
Lori Medina	Terry Rains	Christopher Barlow
Paula Amrein	Eli Griego	Parthy Patrick
Midge McCarragher	Brother Vittorio	Michael Dzek
	Charlie & Maggie	
	Batsel	



Vocation Icon

Today: Gloetznor Family;
Next Sunday:
Davidson-Talley Family

Prayers in honor of and to the Blessed Virgin are a powerful weapon against sin, and for healing. If you recite the Rosary at home, please offer these intentions, and join us on Sunday at 8:30 am. Those who recite the Akathist to the Mother of God or the Rosary receive a partial indulgence when they do so in private, plenary indulgence when they do so as a group.

Intentions of the Rosary

- 1st Decade: Help for persecuted Catholics, especially in communist and Islamic states
- 2nd Decade: Spiritual and physical growth of our parish and the Byzantine Catholic Church
- 3rd Decade: Increase in vocations to priesthood, diaconate, and consecrated life to serve the Byzantine Catholic Church
- 4th Decade: Repose of the souls who have no one praying for them
- 5th Decade: Healing of the sick in body, mind and soul



Holy Father's Intentions for September The Protection of the Oceans

That politicians, scientists and economists work together to protect the world's seas and oceans.

Parents, grandparents godparents and all: please explore this fun, edifying, and free website that will support your efforts to raise Byzantine Catholic kids. For example, it has a monthly newsletter with activities, quizzes related to each Sunday Gospel reading, and much more. www.byzimom.com

Attention all men ages 18 to 35: The Byzantine Catholic Seminary of Saints Cyril and Methodius is hosting its annual "Come and See" Weekend of Discovery from Friday November 1st to Sunday November 3, 2019. Invited to this retreat are men ages 18 to 35 single or married who may be considering a vocation to the priesthood in the Byzantine Catholic Church. The retreat meals and lodging are free. The application deadline is October 9, 2019. For more info see the website www.bcs.org or call at 412-321-8383 or email atoffice@bcs.edu

"Bring the full tithes into the storehouse, that there may be food in my house; and thereby put me to the test, says the Lord of hosts, if I will not open the windows of heaven for you and pour down for you an overflowing blessing." (Prophet Malachi 3:10)

Eparchial Priests Health Insurance Collection Sunday, October 13

This collection is taken in the Eparchy to assist in the cost of funding health insurance for priests in the Eparchy of Phoenix. 100 % of proceeds go to the Eparchy of Phoenix

Please, share: CAFE started new season 2019/20 every Tuesday at 6:30 pm, in the Thunder Bird Room of the Student Union Building at UNM. Since 2010 over 300 students have participated in these meetings designed to strengthen them in the Catholic Faith. We have been blessed to see conversions to the Byzantine and Roman Catholic Churches, marriages, and one vocation to the priesthood for the Archdiocese of Santa Fe. Please pray for the success of the program!

Barbara's Hall Report

Our picnic got rained out, so we had it in the hall! Lots of food and good company And plenty of grilled burgers and hot dogs. I think Father Artur missed having his water gun fight! Well, maybe next time, Father!

September 29, 2019

Cantor	Evie Jilek
Reader	Michael Wells
Trojca	Katara Dodson-Sands
Greeter	Dorothy Curl
Usher	Dan Riley Jeff Brewer
Counter	Rafael Plut Dorothy Curl
Host	Dodson-Sands Family
Church Cleaners	Tom Plut Michael Paul Mary Blain
Altar Servers	Michael Grega Caden Dodson-Sands Cyrus Dodson-Sands Mikey Gega Daniel Fogg

Dear Parish Family, In an effort to provide a safe environment for our children and Parish, the Advisory Board introduces the rules below for using the outdoor patio. Careful watch is essential to preventing accidents and tragedies! To allow for safe use of the outdoor space, we need 2 committed volunteers to serve as monitors for the patio space whenever it is being used. The more participation we have, the easier it will be to share the duty as well as enjoy social time together. Please talk to Father Artur to sign up to be a monitor.

Safe Environment Rules for Church Patio Use:

1. Children under the age of 13 may only be in the courtyard when two monitoring adults are present. A monitoring adult must consent to monitoring children, and when the adult leaves, children must return inside.
2. Children cannot be outside the courtyard wall. To be enforced by the monitoring adult.
3. If a child cannot stay within the courtyard (regardless of reason), they will be sent in to their parents and must stay inside.
4. Children should be respectful of the church building and landscaping.

Liturgical Propers for 9/29/19 16th Sunday

After Pentecost

Resurrection Tone 7

Troparion - DL 156

v. Glory...

Kontakion - DL 157

v. Now & Ever...

Theotokion- DL 406

Prokeimenon & Alleluia

- DL 158

Our Father - DL 72

OLPH Prayer Warriors

Sunday 9:30 am in the conference room Send your prayer requests to

Patricia at

pocb@unm.edu

Sept. 29—Healing

Oct. 6—Hope

Oct. 13 Spiritual Warfare

Friends of St. John

Prayer group for pre-teens (ages 10 through 13)

Rooted in the traditions of the Eastern Rite of the Catholic Church

Tuesday evenings, every other week Flying Star @ 4501 Juan Tabo Blvd NE (north of Montgomery) 6:00-7:30 PM (optional dinner starting @ 5:30 PM)

2 sets of 6 meetings throughout the year:

For more information, contact Mike Sena at olphnm.youth@gmail.com

Cycle 2: Sept/24 Oct/8 Oct/22 Nov/5 Nov/19

Project Defending Life (PDL) is once again hosting **40 Days for Life** in Albuquerque - a peaceful prayer vigil at Planned Parenthood's abortion mill at 701 San Mateo Blvd that starts on Wednesday September 25th. **Our Parish is scheduled on Friday September 27 and Friday November 1st Thanks to your support,** PDL has been able to host this event every spring and fall and lives have been saved each time. In the mean time before 40 Days for Life begins ... Sidewalk Advocates greatly appreciate having prayer partners and they invite you to join them at the following times and locations ... Tuesday - Thursday from 7-10 AM at Southwest Women's Options (the late term abortion mill) at 522 Lomas Blvd (west of I-25) ... and Tuesday and Friday from 8-11 AM at Planned Parenthood at 701 San Mateo

THE SIGN OF THE CROSS

In the course of history no symbol has expressed the mentality of Christians more faithfully than the cross. The cross is the concrete expression of the Christian mystery, victory through defeat, of glory through humiliation, of life through death. It is the symbol of a God who became man to die as a slave to save creatures. It is the symbol of a life that is not afraid to look to the height and breadth and depth of things because in every direction its arms remain outstretched. It is interesting to note that long before Christ the symbol of the cross was held in high esteem and venerated by many pagan cultures as a sacred sign of the stability and the integrity of the universe, pointing to the four directions of the compass and gathering to itself the entire cosmos. More amazing still, this ancient symbol would in the "fullness of time" become the instrument of redemption and the means of the glorification of the Son of Man; as St. John Chrysostom says. "I call Him king because I see Him crucified: it belongs to the king to die for His subjects." Crucifixion, death, salvation, kingship, glory –the cross!

IN CHRISTIAN HISTORY

Because the pagan world could not and would not understand such a deep mystery, such "foolishness", the early Christians hesitated to use the cross openly as a sign of the new faith. When it did appear, it was usually disguised as an anchor or was intertwined amid vines. With the liberation of the Church from persecution under the Emperor Constantine, however, the cross slowly emerged as the sign of the Christians. Eusebius relates that the cross even supplanted the Roman eagles on the military standards: *En touto nika* (Gain the victory with this). Despite their reticence to use the cross as a public symbol before the fourth century, the Christians did make wide use of it as early as the second and third centuries to sign themselves on the forehead. In the second century Tertullian reports: "In all our travels and movements, in all our coming in and going out... whatever employment occupies us, we mark our foreheads with the sign of the cross." In the fourth century St. Cyril of Jerusalem writes, "Let us not be ashamed to confess the Crucified. Let the cross be our seal, made with boldness by our fingers on our brow and in everything..." By the sixth century in the East. Probably due to the raging Monophysite heresy which denied the double nature of Christ as both God and man, two fingers began to be used to trace the sign of the cross, now no longer on the forehead but more boldly with a larger sign made on the body. The succeeding centuries saw further modifications emanate from Eastern tradition because of a desire to profess more explicitly the belief in the triune God and the double nature in Christ. The thumb and two fingers were extended to symbolize the Trinity while the ring finger and the little finger were folded back on the palm to profess the God/Man, Jesus Christ. This newer usage also spread to the Western Church where we read Pope Leo IV writing in the middle of the ninth century instructing his clergy: "Sign the chalice and the host with a proper cross... with two fingers outstretched and the thumb hidden within them, by which the Trinity is symbolized. Take heed to make this sign rightly." In the thirteenth century Pope Innocent III directed most explicitly that the sign of the cross be made with three fingers from the forehead to the breast and from the right to the left shoulder, the actual way it still is made by the majority of Eastern Christians. The Western Church retained this ancient form till about the fourteenth century when gradually the open hand was introduced and the sign began to be made in an inverted fashion, from left to right, perhaps mistakenly following the lead of the priest who in blessing inverts his movement so it would be seen correctly by the congregation before him.

OUR PRESENT FORM

Eastern Orthodox and Eastern Catholics place great emphasis on the sign of the cross as a profession of faith in the three basic doctrines of Christianity: the Holy Trinity, the double nature in Christ and the mystery of redemption. This act of faith in the teachings of Christianity is also an act of consecration to God of all human activities: thoughts, affections, and actions (taken from Melkite leaflets, Eparchy of Newton)

The Sign of the Cross

teaches: "For wherever the sign shall be, there also shall He be".

THE PRIESTLY BLESSING

When a priest blesses with the sign of the cross, his hand is held in a posture meant to convey that the blessing is not from the priest himself but from Christ God. The fingers spell out "IC XC", the first and last letters of the Greek for Jesus (IHCOYC) Christ (XPICTOC). "*At the name of Jesus every knee should bow, of things in heaven, and things in earth, and things under the earth*" (Philippians 2:10).



The gesture is presently made by joining the fingers (thumb, index and middle finger together and erect; third and little finger down on the palm) and lifting the hand first to the forehead, then to the breast, to the right and then to the left shoulder. In the Scriptures right generally represents good and left evil, and in the Creed the Son is said to sit at the right hand of the Father, thus the signing of the right shoulder first. Eastern Christians sign themselves often especially at every mention of the name of the Holy Trinity and in conjunction with the metany or bow made to reverence holy things such as the altar or an icon.



SYMBOL OF FAITH

The sign of the Cross is a symbol of faith, a sign that shall be contradicted, a standard to lead on toward final victory as St. John of Damascus